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OUR WORLD JUNIORS ARE FLOURISHING AWAY FROM
THE CANADIAN MEDIA SPOTLIGHT IN RUSSIA, COACH SAYS PAGE 19



EDMONTON

metro 

Wednesday, January 2, 2013



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City's first 2013 baby born two hours after midnight

It's a girl! Parents surprised by arrival, assumed New Year's baby would be born days sooner



HEATHER MCINTYRE
heather.mcintyre@metronews.ca

Arne Kang and wife Sangeet Kaur Kang planned to ring in 2013 playing board games at a friend's house.

Instead, their New Year became happy at 2 a.m. Jan. 1 when daughter Saiya was born at the Grey Nuns Community Hospital, entering the world as Edmonton's first baby of the year.

"We thought she would be a Christmas baby," said Sangeet, who said she wasn't expecting to have a New Year's baby, despite being due Jan. 2. "We were ready to go out with our friends and then we came to the hospital instead."

In fact the Kangs, both 32, were ready to leave their Riverbend home at about 6 p.m. for New Year's Eve celebrations when it became apparent their daughter was on her way.

"So we went to BPs for lit-wings — for hot wings, lit-

erally," said Arne. "Then to Sobey's to walk around, and then we came straight here."

The pair arrived at the hospital around 10 p.m., and learned at 12:45 a.m. that since the baby was turned sideways a C-section would have to be performed.

Just over an hour later, Saiya entered the world at 7 lbs, 7 oz, measuring 20 inches in length.

She is the second child for the Kangs, as two-year-old Nishaan is now a big brother.

"It's the million-dollar family now," said Sangeet.

In Punjabi, Saiya translates to shadow, "someone that's with you all the time, something that's with you all the time," said Arne. "That's why we chose the name."

Next up

- The next 2013 babies were at 4:11 a.m. at the Royal Alexandra Hospital, and then at 6:38 a.m. at the Misericordia Community Hospital.

- According to Covenant Health, the Grey Nuns Community Hospital delivers the most babies annually in the Edmonton zone.



Proud mom Sangeet Kaur Kang holds Edmonton's New Year's baby, Saiya, on Tuesday afternoon just 12 hours after she was born. HEATHER MCINTYRE/METRO

A festive feed

Bissell Centre's annual meal fills more than 1,200 of Edmonton's homeless and low-income citizens PAGE 2

Fireworks spark tragedy

At least 61 dead in Ivory Coast after stampede PAGE 4

Writing Edmonton's winter. Anthology submissions pile up

Edmonton writer Jason Lee Norman set out this past October hoping to collect 40 pieces of words, stories and artwork about and inspired by Edmonton's winter.

As of Dec. 31, 2012 — his deadline — he had more than 200.

"I got over 220 submissions, and then some of those have multiple pieces attached to them," Norman said on New Year's Day, noting the final tally may be closer to 300.

Known as The 40 Below Project, Norman's idea is to self-publish an anthology in both eBook and paperback form in November 2013.

His task now is to whittle down and edit the submissions, which touch on the holiday season, current winter days and even past freezing seasons — such as a month-long cold snap in 1969.

Norman said the best he's read so far describe winter scenes that make him feel and see the Edmonton River Valley or a specific park.

"I really think there will be something for everybody," said Norman, who calls the book a love letter to the city. "And I think they'll be able to not only see their city in a different way, they'll be able to see winter in Edmonton a different way."

"There's some really cool things that a lot of (other) people don't get to have in their lives or in their cities."

HEATHER MCINTYRE/METRO

Flurry of entries

220

Edmonton writer Jason Lee Norman got more than 220 submissions.

Northern Alberta

Falling concrete halts traffic

Police in northern Alberta believe a hit-and-run semi was responsible for damaging an overpass on Highway 63.

They say the damage to the Hospital Street overpass in Fort McMurray has compromised its structural integrity and both lanes underneath the overpass have been closed.

RCMP say Alberta Transportation says one of the lanes is expected to be open Tuesday night, while three of the four lanes over the bridge have been reopened.

Police say they got a call about significant damage to the bridge Monday night just before 9 p.m.

They also got reports of concrete chunks falling onto the highway lanes.

RCMP say they believe a tractor trailer hauling an oversized load hit the bridge and fled. **THE CANADIAN PRESS**

New year, new rules

Edmonton rings in 2013 with anti-idling bylaw

Idling outside schools and health facilities in Edmonton got pricey, effective Tuesday.

A bylaw prohibiting vehicles from idling in front of or around the buildings for more than five minutes per half an hour came into effect

Jan. 1. The bylaw is only in effect, though, if the temperature is above 0 degrees C.

After much deliberation, city council passed the bylaw last May in a vote of 7-4.

Elementary schools will be first, but as many as 319 schools and 18 health facilities could want signs erected. Tickets, while a last resort, will only be handed out once the signs are put up. The fine for idling is \$250. **METRO**

A festive feast for city's less fortunate

Bissell Centre. Annual New Year's meal inspires low-income citizens, as well as the volunteers serving up the food

LUCY HAINES
For Metro

More than 1,200 homeless and low-income inner-city residents welcomed the new year with a hot turkey meal Tuesday, thanks to big-hearted staff and volunteers at the Bissell Centre.

"Some people live in rooming houses, but have no kitchen, so they couldn't make a big meal like this," said Kristen Clark, marketing and communications manager of the Bissell Centre, pointing to the holiday meal the service agency has been providing for over 20 years. "It helps start the new year off right."

John, 45, who is homeless, said it's much more than the delicious food that he appreciates. "It's the welcome — the handshake and happy new year greeting at the door when I came in. It's that thought that counts for me,"

By the numbers

- About 800 people volunteer at Bissell Centre each year in food services, drop-in and special event areas.
- The New Year's meal uses some 50 volunteers — people like Saroj Saher, who has been volunteer dessert co-ordinator for 18 years.
- While businesses donate the 65 turkeys, 35 hams and countless desserts, the family-run Palace Banquet and Conference Facility has been cooking the meal for several years.

he said.

Roger Sarna, owner of The Palace, has recruited his wife and children — some 11 family members in all — to serve the meal as a way to give back to the community.

"Our kids have everything. God is good to us. It's important to see how life can be," said Sarna. "And to see those with very little give each other blessings on the first day of the year — what more can you ask?"



Volunteers from the Bissell Centre and The Palace serve up a full festive meal with all the trimmings — to more than 1,200 of Edmonton's inner-city community. LUCY HAINES/FOR METRO



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Age test to decide if suspected rapist can face murder charge

India. Prosecutors seek death penalty for five other suspects held in rape and murder case

A bone test is being conducted to confirm the age of a young suspect in custody in the fatal assault and gang rape of a woman on a bus in India's capital, while prosecutors will seek the death penalty for five other men arrested with him, police said Tuesday.

The six will be formally charged Thursday on accusations that they kidnapped, gang-raped and murdered the 23-year-old woman in New Delhi on Dec. 16, a police spokesman said. Outraged Indians have been demanding the death penalty for the six men, holding demonstrations almost every day. Murder is punishable by death; rape, by life imprisonment. But those below 18 years of age cannot be prosecuted for murder.

Too often ignored

Activists hope the assault will shatter taboos and make authorities take such cases more seriously.

- Police often refuse to hear complaints and even accuse victims of inviting unwanted male attention.
- Families also dissuade victims from coming forward in the belief that it will ruin their reputations.

Another officer said a bone test is being conducted to determine if one suspect is indeed a juvenile. If the test determines he is 18 years or older he will be treated as an adult, said the officer, who spoke on condition of anonymity.

Many officials cancelled their New Year's celebrations on Monday.

THE ASSOCIATED PRESS



The death of a student has set off debate about what India must do to prevent more pain. DAR YASIN/THE ASSOCIATED PRESS

Oregon crash

Police ID one slain in B.C.-bound bus

Investigators in Oregon are trying to piece together the final moments before a Vancouver-bound tour bus carrying 48 people careened down a steep hillside, ejecting some passengers and killing nine.

Police said Monday they weren't sure how fast the bus was travelling on a partly icy highway in a rural mountain pass east of Pendleton, Ore.

Oregon State Police identified one of the victims as a 57-year-old Washington man. Authorities said Dale William Osborn was killed in Sunday's crash and his wife Sue Osborn remained hospitalized.

A list of injured released by police named seven Canadian residents, including the driver, identified as 54-year-old Haeng Kyu Hwang of Vancouver.

Police said they were working with the Korean Consulate to identify other victims.

The crash occurred near a spot called Deadman Pass, at the top of a steep, 11-kilometre descent from the Blue Mountains.

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Recovery. Clinton still in hospital with blood clot

Secretary of State Hillary Clinton continues to recover in a New York hospital where she's being treated for a blood clot in her head.

Her doctors say blood thinners are being used to dissolve the clot and they are confident she will make a full recovery. Clinton didn't suffer a stroke or neurological damage from the clot that formed after she suffered a concussion during a fainting spell at her home in early December, doctors said in a statement Monday.

Clinton, 65, was admitted to New York-Presbyterian Hospital on Sunday when the clot turned up on a follow-up exam on the concussion, Clinton spokesman Philippe Reines said. The clot is located



U.S. Secretary of State Hillary Clinton
THE ASSOCIATED PRESS

in the vein in the space between the brain and the skull behind the right ear. She will be released once the medication dose for the blood thinners has been established, the doctors said.

THE ASSOCIATED PRESS

New York City

Woman dies after falling onto tracks

New York City police say a young woman stumbling around on a subway platform not far from Times Square fell onto the tracks and was killed by a train.

THE ASSOCIATED PRESS

Melting bank notes

Disclosure a threat to security: BoC

Disclosing details of discussions about tales of melting banknotes could endanger national security or international relations, says Canada's central bank.

THE CANADIAN PRESS

Stampede after fireworks kills 61 on New Year's Eve

Tragedy. Most of those killed in Ivory Coast city were children and teens

A crowd stampeded after leaving a New Year's Eve fireworks show early Tuesday in Ivory Coast's main city, killing 61 people — many of them children and teenagers — and injuring more than 200, rescue workers said.

Thousands had gathered at the Felix Houphouët Boigny Stadium in Abidjan's Plateau district to see the fireworks. It was only the second New Year's Eve fireworks display since peace returned to this West African nation after a bloody upheaval over presidential elections put the nation on the brink of civil war

Missing children

"I have just seen all the bodies, but I cannot find my son ... I don't know what to do."

Mamadou Sanogo, who was searching for his nine-year-old son, Sayed, at the morgue

and turned this city into a battle zone.

With 2013 showing greater promise, people were in the mood to celebrate on New Year's Eve. Families brought children and they watched the rockets burst in the nighttime sky. But only an hour into the new year, as the crowds poured onto the Boulevard de la République after the show, something caused a stampede, said Col. Issa Sako of the fire department rescue team. How so many deaths occurred on the broad boulevard and how the tragedy started is likely to be the subject of an investigation.

Many of the younger ones in the crowd went down, trampled underfoot. Most of those killed were between 8 and 15 years old.

"The flood of people leaving the stadium became a stampede which led to the deaths of more than 60 and injured more than 200," Sako told Ivory Coast state TV.

Desperate parents went to the city morgue, the hospital and the stadium to try to find missing children.

State TV showed a woman



An Ivory Coast soldier stands next to the belongings of people involved in a deadly stampede in Abidjan, Ivory Coast. At least 61 people were killed following a New Year's Eve fireworks display. EMANUEL EKRA/THE ASSOCIATED PRESS

sobbing in the back of an ambulance; another was bent over on the side of the street, apparently in pain; and another, barely conscious and wearing only a bra on her upper body, was hoisted by rescuers. There were also scenes of small children being treated in a hospital. One boy grimaced in pain and a girl with

coloured braids in her hair lay under a blanket with one hand bandaged. The death toll could rise, officials said.

The government organized the fireworks to celebrate Ivory Coast's peace, after several months of political violence in early 2011 following disputed elections.

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Fiscal cliff deal passes in late-night Congress vote

Washington, D.C. Rare New Year's Day session ends successfully after Senate and House OK compromise bill

Past its own New Year's deadline, a weary Congress sent U.S. President Barack Obama legislation to avoid a national fiscal cliff of middle-class tax increases and spending cuts late Tuesday night in the culmination of a struggle that strained America's divided government to the limit.

The bill's passage on a bipartisan 257-167 vote in the House sealed a hard-won political triumph for the president less than two months after he secured re-election while calling for higher taxes on the wealthy.

Moments later, Obama strode into the White House briefing room and declared, "Thanks to the votes of Republicans and Democrats in Congress, I will sign a law that raises taxes on the wealthiest two per cent of Americans while preventing tax hikes that could have sent the economy back into recession."

He spoke with Vice President Joe Biden at his side, a recognition of the former senator's role as the lead Democratic negotiator in final compromise talks with Senate Republican Leader Mitch



Sen. John Barrasso, left, R-Wyo., talks with Sen. Brian Schatz, D-Hawaii, holding up his watch, after a vote on the fiscal cliff on Tuesday on Capitol Hill. The Senate and House passed legislation early New Year's Day to neutralize a combination of across-the-board tax increases and spending cuts that kicked in at midnight. ALEX BRANDON/THE ASSOCIATED PRESS

McConnell of Kentucky.

In addition to neutralizing middle-class tax increases and spending cuts taking effect with the new year, the legislation will raise tax rates on incomes over \$400,000 for individuals and \$450,000 for couples.

That was higher than the thresholds of \$200,000 and \$250,000 that Obama campaigned for. But remarkably, in a party that swore off tax increases two decades ago, dozens of Republicans supported the bill at both ends of the Capitol.

Supporters of the bill in both parties expressed regret that it was narrowly drawn,

Let's make a deal

- The Senate-approved measure would be the first significant bipartisan tax increase since 1990, when former president George H.W. Bush violated his "read my lips" promise on taxes.

- It would raise an additional \$620 billion US over the

coming decade when compared with revenues after tax cuts passed in 2001 and 2003, during the Bush administration. But because those policies expired at midnight on Monday, the measure is officially scored as a staggering \$3.9-trillion tax cut over the next decade.

and fell far short of a sweeping plan that combined tax changes and spending cuts to reduce federal deficits. That proved to be a step too far in

the two months since Obama called congressional leaders to the White House for a post-election stab at compromise.

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YOLO, SO IT'S TIME TO RETIRE THESE CLICHÉS



JUST SAYIN'
Paul Sullivan
metronews.ca/voices/
just-saying

How many times over the past year have you heard the term "double down"? If you answered, "Too many," you probably feel much the same way about other misused and abused words and phrases of 2012, including, but not restricted to: Fiscal cliff, trending, passion, spoiler alert, bucket list, superfood and the now unavoidable YOLO (you only live once).

These and others turned up on this year's Lake Superior State University's 2013 List of Banned Words. When you're only a minor seat of higher learning in the snowbelt — and not Harvard — you need to come up with a shlick to get noticed.

An aptitude for platitudes

It's like you belong to a club, and the only requirement for membership is that you have to use the trendy word before your mother texts it to her BFF.

Back in 1975, some PR genius at LSSU came up with the idea of an annual list of words that need to be banned. Every year, the university publishes a selection of words and phrases compiled from the submissions of grumpy wordsmiths across North America, and every year, the news services cover it as if it's actually news. Of course, "wordsmith" made the list one year, but, like most of the other words on the list, people just keep on using them ... until they don't.

The list is more important now than ever as the alarming proliferation of bloggers who feed off other bloggers has led to the near-complete eradication of original thought, as everyone doubles down on the trending slang.

It's like you belong to a club, and the only requirement for membership is that you have to use the trendy word before your mother texts it to her BFF (previously banned abbreviation for best friend forever). If you continue to use it after that, you earn the scorn of the haters, but I'm sure everyone else thinks you're terribly trending.

The problem with "trending," according to its nominators, is that it's not up to the task: Trending which way? Up? Down? Out?

The problem with the fiscal cliff is obvious. Talk about a lazy reference to the worst financial crisis of the century to date. But instead of working hard to understand it, all of us lemmings prefer to roll it up and package it in a neat phrase that we can take with us as we go over it.

"Double down" is particularly odious. It allows you to pretend you're a real riverboat gambler, comfortable with high-risk blackjack strategies, when you don't know jack about doubling down or hitting me up or whatever.

One of my faves this year is "passion," as in "That's my passion," justifying some inane or inherently dangerous practice you're currently enthusiastic about. "Passion" goes well with "fruit" and "Easter," but otherwise should be avoided as overkill.

Just because YOLO doesn't mean you should give in to your passion for clichés.

Just sayin'.



Oh yeah? Trend this: Psy, left, performs in Times Square during New Year's Eve celebrations in New York City. The South Korean rapper was third in Google's 12th annual ranking of trending searches for 2012.

CHARLES SYKES/INVISION/THE ASSOCIATED PRESS

Moscow on the Mediterranean



ODED BALILTY/THE ASSOCIATED PRESS

Distinct society

From Russia with love of culture

The children of immigrants from the former Soviet Union attend a ballet class in Lod, central Israel. The Soviet state crumbled 20 years ago, and in the aftermath, more than one million of its citizens took advantage of Jewish roots to emigrate to Israel. Some prominent ballet dancers were among them, forming ballet schools and continuing a dance culture highly regarded in their mother country.

THE ASSOCIATED PRESS

Growing influence

3rd

Israel has the world's third-largest Russian-speaking community outside of the former Soviet Union, after the U.S. and Germany. Today, Russian-speaking émigrés every corner of Israeli society, from academia and technology to the military and politics. Every fourth employee in Israel's flourishing high-tech industry is a Russian-speaking immigrant, as is every other engineer. The world's second-ranked chess master, Belarus-born Boris Gelfand, lives in Israel, and about one-quarter of Israel's Olympic coaches grew up in the former Soviet Union.

Kosher clash



ODED BALILTY/THE ASSOCIATED PRESS

An employee of the Mizra pork-processing plant poses with a pig's head in a refrigerated warehouse in Kibbutz Mizra, northern Israel. The Russian immigrant community has increased demand for pork in the country, a non-kosher food rarely eaten by Israeli Jews.

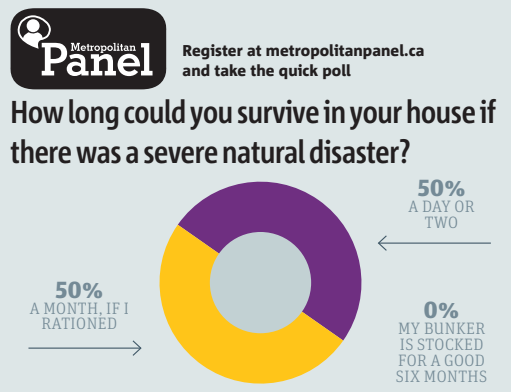
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Old country and new

Russian power on the rise

By virtue of their sheer numbers in a country of eight million people, the Russian population has transformed Israel. In parts of the country, it's hard to find a single Hebrew sign in a sea of Cyrillic. Shopkeepers address customers in Russian and stores are amply stocked with red caviar and vodka. Russian pop beats thump at bars, and in some homes, people are as likely to be hunched over a chessboard as they are a computer keyboard.

THE ASSOCIATED PRESS



@ryanhavin:

The freezing effort that "Freeze" pulls over Gotham City in "Batman & Robin" is also known as a regular winter in #yeg

@YEGlifer:

I admire people that help make a better community to live in. Walmart shopping doesn't do that.

@TheMochaSupaman:

Went and played some hockey today at an outdoor rink. First

time with my #goalie pads on in almost a year. It was awesome.

@MommyAware:

ok so I signed up for #yeg #Spartan. ...now what? Seriously

@MeghanDarker:

There's a Chilis opening up in Windermere. We don't need a Chilis. We need something hip. Come on





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DVD review



Looper

Director. Rian Johnson

Stars. Joseph Gordon-Levitt,
Emily Blunt

Looper is a real head flip of a time trip, definitely not your usual ray gun routine, which is why it was chosen as the gala opener for this year's TIFF. Skillfully bending genres since he first smashed with Brick in 2005, Rian Johnson puts that film's star, Joseph Gordon-Levitt, into an identity crisis sci-fi thriller set in the Kansas of 2044. JGL plays Joe, a "looper" (hit man) working for innovative mobsters from the year 2074, who use a time machine to send their victims back three decades for untraceable bullets and burning. Fast cash is just a shot away for ice-cool Joe and his blunderbuss – until a new crime kingpin decides to "close the loop" and the mirror threatens. Bruce Willis and Emily Blunt co-star in this future shocker that is smarter than most, at least until the novelty wears thin. Extras include deleted scenes,

PETER HOWELL



Horror icon Leatherface returns to hunt unsuspecting teenagers in the latest installment of The Texas Chainsaw Massacre series, Texas Chainsaw 3D. HANDOUT

Carving out a killer franchise — in 3D

Horror. The Texas Chainsaw Massacre's Leatherface has been terrifying audiences for more than 30 years

Two far-flung events inspired director Tobe Hooper to write The Texas Chainsaw Massacre, the down-and-dirty 1974 indie film that spawned sequels, prequels and this weekend's splashy 3D remake — the im-

aginatively titled Texas Chainsaw 3D.

In November 1957, police raided the home of Plainfield, Wis., farmer Ed Gein, uncovering gruesome evidence that would lead to charges of murder and body snatching.

After two trials, he spent the rest of his life in a mental facility, but his story would go on to inspire three characters—Norman Bates from Psycho, Buffalo Bill from The Silence of the Lambs and one other that would serve as the basis for six films.

Gunnar Hansen, who played Leatherface in Texas Chainsaw Massacre, says Hooper and co-writer Kim Henkel based the character of the hooded chainsaw killer on Gein.

"When they set out to write this movie," he said, "they decided to have a family of killers who had some of the characteristics of Gein: the skin masks, the furniture made from bones, the possibility of cannibalism."

Hooper adds the story was also partially inspired by "the massacres and atrocities in the Vietnam War" and a display of

chainsaws in the hardware section of a crowded Montgomery Ward's department store.

"The idea popped," he remembered. "I said, 'Ooh, I know how I could get out of this place fast — if I just start one of these things up and make that sound.'"

That nerve jangling noise—the revving of a chainsaw—has been the soundtrack of terror ever since. The original is an atmospheric gem, a white-knuckle movie that made Leatherface the first icon of modern horror.

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Derks

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



The Word

Our celeb wishes and Twitter dreams for 2013



THE WORD
Dorothy Robinson
scene@metronews.ca

Here's some New Year's resolutions we wish the stars would aim for:

- **Katy Perry:** "I will stop dating bad boys with stringy black hair."
- **Lindsay Lohan:** "I will try to make my probation-

officer's 2013 as painless as possible."

- **Prince Harry:** "I will try to have more fun in 2013."

- **Psy:** "I will not make a 'serious' album. Not yet, at least."

- **Kristin Stewart:** "I will smile."

- **Rihanna:** "I will stop dating Chris Brown once and for all."

- **Jessica Simpson:** "I will show love for my fiancé in ways that do not result in piles of babies."

- **Mario Lopez:** "I will remove at least one tanning bed from my house."

Twitter hopes

These stars left Twitter—some for good reasons, some for bad—in 2012. Here's some Twitter accounts we wish would come back in 2013:

@adele

The singer left Twitter after receiving nasty death threats about her newborn son from Twitter trolls. It would be great for her to come back so we can show her that humanity isn't awful.

@KanyeWest

"BE BACK SOON" was the last thing posted on the singer's epic Twitter feed, which gave us such gems

as "I just threw some kazoo on this b-tch" and "Sometimes I get emotional over fons." Wherefore art thou, Kanye?

@CharlieSheen

After he accidentally tweeted his phone number in an attempt to contact Justin Bieber (hahahahahaha), Sheen deleted his Twitter account. This is the dude whose account made a Guinness World Record. Come and remind us what all the fuss was about, Sheen.

@AlecBaldwin

This is the second time Baldwin has quit Twitter. I desperately yearn for a third.



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The Real Middle-earth

With last month's world premiere of Peter Jackson's *The Hobbit: An Unexpected Journey* in New Zealand, a trip to experience Middle-earth is likely on the bucket list for many fans. Below are some of the top New Zealand tourism activities focused on *The Lord of the Rings* and *The Hobbit: An Unexpected Journey*.

RUTH ATHERLEY
life@metronews.ca

Hobbiton

Near Matamata, a picturesque town just two and a half hours from Auckland (New Zealand's largest city and the gateway to Middle-earth), visitors can enjoy a guided tour of the Hobbiton movie set.

Hidden in the magical, spectacularly green, rolling hills of the area is Hobbiton, the film set made famous in *The Lord of the Rings* trilogy.

Along with 37 Hobbit holes, fans can check out the Green Dragon Inn, The Mill and other structures used in the upcoming films. Not only has Hobbiton gained fame as a movie set, it is also a working farm experience, café and conference facility.

It's definitely a must for anyone who wants to truly experience the "Shire" when in New Zealand.



Hobbiton movie set in Matamata. FLICKR: ARBRON



Mountain bike skippers canyon track, Queenstown. FLICKR: TRAILSOURCE.COM

Four-wheel drive safari tour in Queenstown

Any reason to visit Queenstown, on New Zealand's South Island, is a good one, and a four-wheel drive adventure through Middle-earth gives visitors a great reason to go.

The Queenstown area was prominently featured in the filming of *The Lord of the Rings* trilogy and Nomad Safaris offers two different tours designed specifically for fans.

The guides are definitely one of the highlights of the tour — many were extras in the films. They know, and are happy to share, all of the local gossip about what the stars of the movies did while they were filming in the area.

Wellington

Everyone who goes to Wellington falls in love with the fun, foodie and fashion-focused city that sits at the southern tip of the North Island.

Known to many as "Wellywood" because of its flourishing film industry, fans can experience the ultimate Middle-earth full-day tour with Wellington Rover Tours — where fans can follow in the footsteps of Hobbits, and spend the day learning film secrets. Wellington also boasts the Weta Cave, which screens a behind-the-scenes look at Weta and interviews co-founder Peter Jackson, among others, has a mini-museum with some of the characters and features props and displays from *The Lord of the Rings* films.



Wellington. FLICKR: ASGW

Regional highlights



Hamilton Waikato

Hobbits have roamed the hills at Hobbiton movie set, near Matamata, where *The Lord of the Rings* and *The Hobbit* Trilogies were filmed.



Christchurch Canterbury

The Canterbury region was used for numerous locations for *The Lord of the Rings* Trilogy and the Mount Cook region has been used again for *The Hobbit*. Aoraki Mount Cook (3,754 metres) is New Zealand's highest mountain and means cloud piercer.

See for yourself

Air New Zealand (airnewzealand.ca) has direct non-stop flights from Vancouver to Auckland and offers flights from many other North American cities. For more information about New Zealand, please visit: NewZealand.com.

- Hobbiton movie set tours – hobbitontours.com.



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Derks



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Dreaming of saying your vows under the Caribbean sun?

Destination wedding.
A few things to keep in mind if you're looking for a stress-free ceremony



LOREN
CHRISTIE
lch@metronews.ca

A growing number of brides and grooms are heading to tropical climes in the hopes of having memorable nuptials.

Before you book your destination wedding, there are a few things to bear in mind.

The costs can vary widely depending on the time and place you get married.

The proximity and easy flight access into Cuba, Dominican Republic and Mexico's Mayan Riviera tend to mean there are better deals to be found in these locales. If your dates are flexible, consid-

er holding off until the April shoulder season and you will fare much better with accommodation rates.

Look into any special regulations. Many of the popular Caribbean destinations require you to be on the island anywhere from two to five days prior to the ceremony.

Typically, you will also need a special marriage license in the local language that could cost several hundred dollars depending on the island, and you may be required to get a blood test. Both future spouses must present proof of citizenship of their resident country.

Hire a local wedding specialist. Bridezilla or not, it can be hard planning a wedding from afar.

A good planner can be your liaison between all the legal bits that need to happen and finding the best and most reliable vendors, from the florist to the photographer to the

caterer. At the very least, look at booking a resort that offers a pre-set wedding package that includes a handful of these elements, such as a justice of the peace, document arrangements and a special location for your ceremony.

Be prepared for bathing suit-clad onlookers. Whether you get married on a resort or at the beach, privacy is something that is hard to guarantee. If you want your ceremony to feel a little more intimate, consider an island like Anguilla, which allows foreigners to get married in local churches.

Consider your guests. If you are hoping loved ones will be coming along to share your big day, the cost of the vacation does matter. Negotiate with your resort or tour operator for a group discount. Also, tell people not to bring gifts, the cost of the trip is enough.

You don't want to be bringing a toaster home on the plane anyway.



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Warming Broccoli Pasta is also a cash saving dish

Whenever you have too little time and too few ingredients on hand — or when you've been eating too much meat — a great alternative is some Broccoli Pasta.

It's delicious, healthy, inexpensive and easy to prepare. The recipe, in fact, is a cinch, consisting of just a few ingredients — pasta, chicken broth, Parmigiano-Reggiano, olive oil and a large head of the namesake crucifer.

Another of this recipe's charms is its flexibility. You can swap in vegetable broth for chicken broth, spaghetti for the angel hair pasta, and any other grated hard cheese for the Parmigiano-Reggiano. Sometimes you can even lose the broccoli in favour of roasted cauliflower or Brussels sprouts.

But what makes the dish so popular is its comfort factor.

Cold Weather Broccoli Pasta



This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 1 large head broccoli (about 1 1/4 to 1 1/2 pounds)
- 2 tbsp extra-virgin olive oil
- Kosher salt
- 1 to 2 tsp red pepper flakes, or to taste
- 1 quart low-sodium chicken stock
- 1/2 lb whole-wheat capellini pasta
- 1 cup freshly grated Parmigiano-Reggiano cheese

It can be served soupy, so you can slurp the chicken broth along with the strands of pasta. You can also make sure there's some crusty bread within easy reach, which helps to mop up the broth not captured with a spoon.

This dish is so economical it's almost ecological.

1. Heat oven to 450 F. Position one of the racks in top third of oven.
2. Bring pot of water to a boil.

3. Cut broccoli, including the stems, into 2-inch pieces. Peel any thick stem pieces to remove the thick skin.

4. On rimmed baking sheet, arrange broccoli in single layer. Drizzle with oil then sprinkle with salt to taste and toss well. Place on top oven rack and roast for 10 minutes, or until broccoli is crisp tender and slightly brown at the edges. Transfer the broccoli to a large skillet, add the pepper flakes and the chicken broth, then bring to a boil over medium-high heat.

5. When water in large pot comes to boil, add a hefty pinch of salt and the pasta. Stir and cook 2 minutes, or until the pasta is limp but not quite cooked through. Drain pasta and transfer it to the broccoli pan. Simmer for 2 minutes, or until the pasta is al dente. Stir in the Parmigiano-Reggiano and salt to taste. Ladle into shallow soup bowls and serve.

THE ASSOCIATED PRESS/SARA Moulton is the author of three cookbooks, including *Sara Moulton's Everyday Family Dinners*.

Pop Penne Pasta Casserole in oven for comfort food fix

1. Preheat oven to 350 F (177 C).
2. Cook pasta according to package directions; drain.

3. Brown meat with onions in large skillet; drain. Stir in Hunt's Diced Tomatoes with their liquid, the tomato paste and water; cook until heated through, stirring occasionally.

4. In large bowl, add pasta, to-

Ingredients

- 3 cups dry penne pasta, uncooked
- 1 lb (500 g) lean ground beef
- 1 large onion, chopped (1 cup)
- 1 can (398 ml) Hunt's Diced Tomatoes
- 1 can (5.5 fl oz) Hunt's Tomato Paste
- 1/2 cup water
- 3 cups (12 oz) shredded Mozzarella cheese
- Non-stick cooking spray



mato and beef mixture, and 2 cups of cheese; toss to coat.

5. Spray 13-by-9-inch baking dish with cooking spray. Spoon

mixture into dish; sprinkle with remaining cheese. Bake 25 minutes, or until casserole is heated through and cheese is melted. NEWS CANADA/ HUNT'S

Drink of the Week

Winter Wind

This drink contains traditional holiday spices and ingredients that remind recipe creator Nishan Nepulongoda of festive seasons.

"The sweetness of cinnamon mixed with fresh lime citrus creates a balanced taste that has an added hint of spice when topped with the ginger beer," says Nepulongoda, a mixologist at Blowfish Restaurant in Toronto.

- 60 ml (2 oz) gin
- 30 ml (1 oz) fresh lime juice
- 30 ml (1 oz) simple syrup
- Pinch ground cinnamon powder
- Ice cubes
- Ginger beer
- Lime slice, for garnish

Shake all ingredients with ice. Pour into a rocks glass with fresh ice. Top up with ginger beer.

THE CANADIAN PRESS/
BOMBAY SAPPHIRE

Are you getting all a-Twitter about social media? Link on the bright side

Success on a screen.

The web world is complex, but connecting is key to climbing the job ladder

LEAH
RUEHLICKE
TalentEgg.ca

In this day and age, having an online presence is just as essential to your job search as having an error-free resume.

However, between LinkedIn, Twitter, Facebook and Google+ it can be difficult to master how to effectively manage your many online lives.

Once you've upped your Facebook privacy settings as high as they can go, it's pretty easy to learn how to navigate the 'book.

However, mediums like LinkedIn and Twitter can be a bit trickier to grasp, especially for students and recent grads who don't already have built-



Getting involved in a LinkedIn group can help you keep up with new developments in your field while simultaneously networking. But don't just be a name in the group — participate in discussions and offer input.

in professional networks.

Here are a few tips for getting started:

Mastering the Twitterverse

• Begin by listening

Use Twitter's search function to find people and feeds which are of interest to you.

Spend some time exploring these outlets and looking at how they are utilizing Twitter.

• Maintain your humanity

Keep your tweeting tone natural and in your own voice.

The whole point of Twitter

Online and employable

Click boldly through the land of LinkedIn using these simple tips:

- A full profile is a fulfilling profile. Provide as much information as you can, including work history, key responsibilities and educational history. Be specific and highlight key accomplishments so as to give others a clear example of the type of work you're capable of doing.
- It's all about quality, not

quantity. It's easy to aimlessly connect with people in an effort to build up your number of contacts and appear more "popular." Don't invite strangers to your network and don't be offended when those same strangers ignore your requests. Just as a chain is only as strong as its weakest link, your network is only as strong as its weakest connection. It's not just how many people you know, but who these people are.

• Pay it forward

Retweeting the posts of others builds rapport with your followers, sparks conversation and demonstrates to others that you don't think it's all about you — you can appreciate what others have to say as well.

• Be appreciative

Acknowledge retweets by publicly thanking those who share your posts — unless your every tweet gets tweeted 900 times. Then use some discretion (and probably expect an invitation to appear on The Ellen DeGeneres Show).

• Keep it simple

You only have 140 characters to make your point, so get right to it. Try using less than the 140 cap in order to make it easier for others to retweet what you have posted.

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is to show who you are and what interests you.

you went with today.

• Make like a pencil and have a point

Share links to relevant articles and express your own views.

Tweet out information your followers will find valuable rather than which nail polish colour or salad dressing

• Tweet regularly

Keep your profile current and tweet on a regular basis. This keeps your online presence up to date and will hold the attention of your followers.

That being said, if you have nothing to say, don't feel you have to post.

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From lovely, lazy holiday to dreary office desktop

Back from your break? Believe it or not, there are ways to tackle this tough transition without tearing your hair out

ISHANI NATH
TalentEgg.ca

Between frolicking in the frost and sleeping in past noon, long weekends and holidays don't leave much time to think about the office.

Unfortunately, all good things must come to an end.

The first day back at work after a holiday can be tough. While you were away, the only paperwork you did was rifling through magazines and trashy novels.

Now that you're back, you're faced with hundreds of emails, new projects and deadlines that are creeping up on you.

Many people return to work and try to go from zero-to-productive all at once, but Robert Half executive Christine Lucy says that trying to get caught up on everything right away is not the solution. For students and new hires, this can present a new challenge. Christine says, "Like anything new, you find ways to deal with it with practice."

Making up for time missed is a delicate balancing act, says Christine. You want to get back into work-mode "without stressing yourself out and losing all the benefits of that vacation."



By separating the things that can wait for a few days, it will relieve some of your first-day-back workload and stress. ISTOCK

and anything that is time-sensitive out of the way before you head out.

On that first day back in the office, Christine recommends an early start. That way, you'll be able to get to work on projects that need urgent attention and start sorting through your overstuffed inbox — before co-workers start coming around to ask you about your vacation.

Be realistic

You've been gone for a few days, so don't expect to get caught up in a single day. Trying to tackle everything all at once can leave you feeling stressed and overwhelmed, so prioritize what really needs to get done right away.

For instance, rather than starting with your most recent emails and working your way down, sort through them and deal with the most important ones first. "In reality, not everything has to be done right now," says Christine.

Say "thank you"

While you were enjoying your holiday, someone may have been covering for your job. In order to make a smooth transition back to work, make sure you acknowledge and thank them for their assistance. A simple "thank you" will strengthen your work relationships and make people more likely to help you when it comes time for your next holiday.

So how do you get up to speed without getting winded?

Here are some tips for students and new grads who are trying to snap back to reality after the holidays.

Get organized

Whether you're leaving for the Bahamas or simply taking a few days off to lounge around at home, planning ahead will ease your post-vacation work week.

"Being planned and being prepared to return to work can make a big difference," says Christine.

Try to get major projects

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Lockout

NHL tables counter-proposal to players' union

The NHL delivered a comprehensive counter-proposal to the NHL Players' Association on Tuesday night as the sides pushed to reach an agreement to save the season.

NHLPA executive director Donald Fehr said the union would review the document during the evening and expected to return to the bargaining table at some point on Wednesday.

Fehr declined to be specific about what was being negotiated. "It's better to be meeting than not, but I'm not saying anything more about it," he said.

The talks are being held with an eye on preserving at least a 48-game schedule — the same number that was played following the 1994-95 lockout. An agreement would need to be in place by Jan. 11 for that to happen.

"The fact that we're involved in a continuous process is something that I'm glad to see, but we're clearly not done yet," commissioner Gary Bettman said.

League officials met well into the night on Monday after receiving a new offer from the union that Fehr said included movement on key issues.

It came three days after the NHL tabled a new offer that sparked the latest round of talks.

"We covered the range of subjects they covered," Fehr said. **THE CANADIAN PRESS**



NHL commissioner Gary Bettman **GETTY IMAGES FILE**



Team Canada teammates Dougie Hamilton, left, Anthony Camara and Malcolm Subban pretend to bobsleigh during practice on Saturday in Ufa, Russia.

NATHAN DENETTE/THE CANADIAN PRESS

Juniors forge identity half a world away

World juniors. Far from home, Canadian team sticking together on and off the ice

Goaltending coach Ron Tugnutt mused aloud during the Canadian junior hockey team's selection camp in Calgary that travelling across 13 time zones to pursue a gold medal might not be a disadvantage for the team.

The world junior hockey championship was held in North America for four consecutive years from 2009 to 2012, in Ottawa, Buffalo, Saskatoon and then jointly in Calgary and Edmonton.

The moment the Canadian team stepped off the ice in

Quoted

"Now you're into one-game situations and we all know they are very difficult games, but I do like the place our team is in right now and I like the mindset of the group."

Canadian junior coach Steve Spott

those tournaments, their performance was reflected back to them around the clock via wall-to-wall media coverage.

Tugnutt hoped Ufa, Russia, would afford this team some isolation.

"They won't be seeing as much of themselves on TV," he said then. "We're kind of on our own little island out there. I think this will be good for us."

After concluding the preliminary round 4-0 to finish first in Pool B, some Canadian

players spoke of the unifying effect of travelling so far from home. They've been abroad together since Dec. 15, when Canada departed Calgary for a pre-competition camp and exhibition games in Finland.

"We had a few days in Vierumäki to definitely grow that bond," captain Ryan Nugent-Hopkins said. "It's amazing how much we've come together in this tournament on and off the ice."

Canadian coach Steve Spott

Waiting for their foe

Canada earned a bye to Thursday's semifinal after finishing first in Pool B.

- They await the winner of Wednesday's quarter-final between Czech Republic and the U.S.

has observed that his players seem happiest off ice when they're hanging around their hotel together.

"They don't want to leave the hotel," he said. "We've had a number of team activities planned, but they enjoy being around each other in the hotel, and that, to me, is a sign of a great hockey club."

THE CANADIAN PRESS

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Derks

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	21	8	.724	—
New York	21	10	.677	1
Atlanta	20	10	.667	1½
Indiana	18	13	.581	4
Milwaukee	16	13	.552	5
Chicago	16	13	.552	5
Brooklyn	16	15	.516	6
Boston	14	16	.467	7½
Philadelphia	14	17	.452	8
Orlando	12	19	.387	10
Toronto	11	20	.355	11
Detroit	12	22	.353	11½
Charlotte	8	23	.258	14
Cleveland	7	25	.219	15½
Washington	4	25	.138	17

WESTERN CONFERENCE

	W	L	Pct	GB
Oklahoma City	24	6	.800	—
L.A. Clippers	25	7	.781	—
San Antonio	25	8	.758	½
Memphis	19	9	.679	4
Golden State	21	10	.677	3½
Houston	17	14	.548	7½
Denver	18	15	.545	7½
Portland	16	14	.533	8
Minnesota	14	13	.519	8½
L.A. Lakers	15	15	.500	9
Utah	15	17	.469	10
Dallas	13	19	.406	12
Sacramento	11	20	.355	13½
Phoenix	11	21	.344	14
New Orleans	7	24	.226	17½

Division leaders ranked in top three positions and best eight teams qualify for playoffs

Tuesday's results

Dallas 103 Washington 94
Portland 105 New York 100
Detroit 103 Sacramento 97
Atlanta 95 New Orleans 86
Denver 92 L.A. Clippers 78
Philadelphia at L.A. Lakers
Monday's results
Indiana 88 Memphis 83
Charlotte 91 Chicago 81
Miami 112 Orlando 110 OT
Houston 123 Atlanta 104
San Antonio 104 Brooklyn 73
Oklahoma City 114 Phoenix 96

Wednesday's games — All Times Eastern

Portland at Toronto, 7 p.m.
Sacramento at Cleveland, 7 p.m.
Washington at Indiana, 7 p.m.
Chicago at Orlando, 7 p.m.
Memphis at Boston, 7:30 p.m.
Dallas at Miami, 7:30 p.m.
San Antonio at Milwaukee, 8 p.m.
Brooklyn at Oklahoma City, 8 p.m.
New Orleans at Houston, 8 p.m.
Philadelphia at Phoenix, 9 p.m.
Minnesota at Utah, 9 p.m.
L.A. Clippers at Golden State, 10:30 p.m.

Thursday's games

San Antonio at New York, 7:30 p.m.
Minnesota at Denver, 9 p.m.
Friday's games
Sacramento at Toronto, 7 p.m.
Brooklyn at Washington, 7 p.m.
Cleveland at Charlotte, 7 p.m.
Atlanta at Detroit, 7:30 p.m.
Philadelphia at Oklahoma City, 8 p.m.
Indiana at Boston, 8 p.m.
Chicago at Miami, 8 p.m.
Portland at Memphis, 8 p.m.
Houston at Milwaukee, 8:30 p.m.
Utah at Phoenix, 9 p.m.
L.A. Lakers at L.A. Clippers, 10:30 p.m.

HOCKEY

SPENGLER CUP

CHAMPIONSHIP GAME

Canada 7 Davos 2

SEMIFINALS

Canada 5 Fribourg 1

Davos 5 Vitkovice 4

QUARTER-FINALS

Davos 7 Ufa 5

Fribourg 5 Mannheim 2

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Portland	31	18	11	1	1	94	94	38
Worcester	31	17	11	1	2	86	89	37
Providence	29	16	11	0	2	74	80	34
Manchester	33	14	15	2	2	88	88	32
St. John's	34	15	18	0	1	82	99	31

NORTHEAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Springfield	30	17	8	2	3	99	70	39
Bridgeport	32	17	12	1	2	101	99	37
Albany	29	11	11	1	6	69	77	29
Adirondack	31	13	16	1	1	77	92	28
Connecticut	32	13	17	2	0	89	107	28

EAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Syracuse	32	20	7	2	3	115	88	45
Binghamton	29	17	7	1	2	96	73	41
Hershey	32	16	14	1	1	85	80	34
W-B/Scranton	31	14	14	2	1	79	85	31
Norfolk	30	14	15	1	0	79	90	29

WESTERN CONFERENCE

NORTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Toronto	31	19	9	1	2	104	81	41
Abbotsford	32	16	9	3	4	75	68	39
Rochester	31	16	12	2	1	105	99	35
Lake Erie	33	16	14	2	1	106	107	35
Hamilton	31	11	17	1	2	69	99	25

MIDWEST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Grand Rapids	30	18	10	1	1	92	80	38
Rockford	33	17	14	1	1	103	97	36
Milwaukee	31	15	13	2	1	83	89	33
Chicago	29	14	11	3	1	74	81	32
Peoria	32	14	14	2	2	77	99	32

SOUTH

	GP	W	L	OTL	SOL	GF	GA	Pt
Charlotte	33	18	11	1	3	101	91	40
Houston	32	17	10	2	3	99	91	39
Oklahoma City	32	17	11	1	3	107	95	38
Texas	32	16	11	3	2	81	86	37
San Antonio	34	13	17	0	4	86	101	30

Note: Two points awarded for a win, one for an overtime or shootout loss.

Tuesday's results

Houston 4 Oklahoma City 2

Monday's results

Bridgeport 4 Adirondack 3 (SO)
Rochester 2 Hamilton 0
Syracuse 2 W-B/Scranton 1
Portland 4 Connecticut 3
Grand Rapids 3 Rockford 1
Binghamton 4 St. John's 2
Worcester 3 Manchester 2
Oklahoma City 5 Texas 2
Peoria 2 Abbotsford 1 (SO)
Wednesday's games — All Times Eastern
Hamilton at Toronto, 7 p.m.
Providence at Portland, 7 p.m.
Thursday's games
Charlotte at Lake Erie, 7 p.m.
Chicago at Milwaukee, 8 p.m.

IIHF 2013 WORLD

JUNIOR CHAMPIONSHIP

At Ufa, Russia

GROUP A

	GP	W	OTW	OTL	L	GF	GA	Pt
Sweden	4	3	1	0	0	19	8	11
Czech Republic	4	2	1	0	1	12	10	8
Switzerland	4	1	0	3	0	16	14	6
Finland	4	1	1	0	2	15	15	5
Latvia	4	0	0	0	4	6	21	0

GROUP B

	GP	W	OTW	OTL	L	GF	GA	Pt
Canada	4	4	0	0	0	21	8	12
Russia	4	2	1	0	1	13	7	8
U.S.	4	2	0	0	2	19	7	6
Slovakia	4	0	1	1	2	10	19	3
Germany	4	0	0	1	3	4	26	1

Note: Three points awarded for a regulation win, two for an overtime/shootout win and one for an overtime/shootout loss, which is registered in the respective OTW or OTL columns.

Monday's results

Canada 4 Russia 1

Czech Republic 4 Switzerland 3 (OT)

Sweden 7 Finland 4

U.S. 9 Slovakia 3

END OF PRELIMINARY ROUND

Wednesday's games — All Times Eastern

QUARTER-FINALS

Czech Republic vs. U.S., 4 a.m.

Russia vs. Switzerland, 8 a.m.

RELEGATION BRACKET

Finland vs. Germany, 6 a.m.

Thursday's games

SEMIFINALS

Canada vs. Czech Republic/ U.S. winner, 4 or 8 a.m.

Sweden vs. Russia/Switzerland winner, 4 or 8 a.m.

RELEGATION BRACKET

Slovakia vs. Latvia, 6 a.m.

Friday's games

Fifth Place

Quarter-finals losers, 8 a.m.

RELEGATION BRACKET

Latvia vs. Germany, 4 a.m.

Finland vs. Slovakia, 8 a.m.

SCORING LEADERS

	G	A	P
Nugent-Hopkins, Cda	3	8	11
Galchenyuk, U.S.	2	5	7
Huberdeau, Cda	2	5	7
Scheifele, Cda	4	2	6
Strome, Cda	4	2	6
Arvidsson, Swe	4	1	5
Granlund, Fin	4	1	5
Collberg, Swe	3	2	5
Andrieghetto, Sui	2	3	5
Arima, Fin	2	3	5
Dano, Svk	2	3	5
Molin, Swe	2	3	5
Jaskin, Cze	2	3	5
Martschini, Sui	1	4	5
Rakell, Swe	0	5	5
Trouba, U.S.	4	0	4
Kucherov, Rus	3	1	4
Kunzle, Sui	3	1	4
Matis, Svk	3	1	4
Teravainen, Fin	3	1	4
Bertaggio, Sui	2	2	4
Drouin, Cda	2	2	4
F.Forsberg, Swe	2	2	4
Ristolainen, Fin	2	2	4
Simion, Sui	2	2	4
Yakupov, Rus	1	3	4
Richard, Sui	0	4	4
Sidlik, Cze	0	4	4
Vikstrand, Swe	0	4	4
Kosov, Rus	3	0	3
Varullin, Rus	3	0	3
V.Rask, Swe	2	1	3

CANADA 4, RUSSIA 1

At Ufa, Russia

First Period

1. Canada, Hamilton 1 (Nugent-Hopkins)

14:04 (pp)

2. Canada, Scheifele 4 (Nugent-Hopkins,

Huberdeau) 15:58 (pp)

3. Russia, Kucherov 3, 17:36.

Penalties — Nichushkin Rus (checking from behind major, game misconduct) 11:44.

Second Period

4. Canada, Drouin 2 (Nugent-Hopkins) 6:31.

Penalties — MacKinnon Cda (boarding) 4:15,

Mironov Rus (high-sticking) 8:34, MacKin-

non Cda (high-sticking) 13:04, Zharkov Rus

(tripping) 18:45.

Third Period

5. Canada, Huberdeau 2, 19:32 (en)

Missed penalty shot — Tkachov Rus, 19:41.

Penalty — Murphy Cda (hooking) 19:41.

Shots on goal

Russia 10 8 4 —22

Canada 23 15 10 —48

Goal —Russia: Makarov (L,1-1): Canada:

Subban (W,4-0).

Power plays (goals-chances) —Russia: 0-3;

Canada: 2-2.

Referees —Harry Dumas (U.S.), Mikael

Sjoqvist (Sweden). **Linesmen** —Tommy

George (U.S.), Peter Stano (Slovakia).

Attendance —7,988 (8,250) at Ufa, Russia.

IIHF WORLD UNDER-17 CHALLENGE

At Drummondville and Victoriaville, Que.

GROUP A

	GP	W	OTW	OTL	L	GF	GA	Pt
Sweden	4	4	0	0	0	24	10	12
Russia	3	1	0	1	1	17	17	4
Finland	3	1	0	1	1	13	16	4
Pacific	3	0	2	0	1	16	17	3
Western Canada	3	0	0	0	3	6	16	0

GROUP B

	GP	W	OTW	OTL	L	GF	GA	Pt
U.S.	3	2	1	0	0	17	9	8
Ontario	3	2	0	1	0	28	7	7
Quebec	3	2	0	0	1	9	9	6
Atlantic Cda	4	1	0	0	3	10	23	3
Slovakia	3	0	0	0	3	3	19	0

Note: Three points for a regulation win, two for an overtime win and one for an overtime loss.

Tuesday's results

At Drummondville, Que.

Ontario 11 Atlantic Canada 1

Quebec 3 Slovakia 2

At Victoriaville, Que.

Sweden 7 Russia 4

Pacific 5 Finland 4 (SO)

Monday's results

At Drummondville, Que.

Finland 6 Western Canada 4

Sweden 6 Pacific 3

At Victoriaville, Que.

Atlantic Canada 4 Slovakia 1

U.S. 5 Quebec 1

Sunday's results

At Drummondville, Que.

Russia 6 Western Canada 2

Sweden 7 Finland 3

At Victoriaville, Que.

Ontario 12 Slovakia 0

U.S. 6 Atlantic Canada 3

Wednesday's games— All Times Eastern

At Drummondville, Que.

Slovakia vs. U.S., 1:30 p.m.

Quebec vs. Ontario, 7:30 p.m.

At Victoriaville, Que.

Russia vs. Finland, 1:30 p.m.

Revving up some auto nostalgia

Danny Koker, the restomodding maestro on Pawn Stars' speed dial, has rewired the engine on a spinoff series. On History's Counting Cars (premieres tonight 9 p.m. ET/PT), The Count hunts down classic wheels, fixes 'em up and then either flips them or adds the finished beauties to his personal collection. We sought Koker's counsel on some of the sweetest rides to grace the small and big screen.

MIKE DOJC
drive@metronews.ca

Q & A. Danny The Count Koker weighs in

When Rick and the gang at Pawn Stars need advice on anything with wheels and an engine, they call Danny The Count Koker of Las Vegas' Count Customs. On Counting Cars, his spinoff series on History, Koker trolls the streets of Nevada for sweet rides to fix up and then flip, but if he grows too attached they find their way into his expansive personal collection.



Danny Koker
HANDOUT

You have any tips for first time restorers looking for a project?

Don't get in over your head and pick something that you personally love because you're going to get frustrated and want to throw in the towel somewhere along the line. That's why you gotta pick something that you connect with so you'll stick with the project and see it through to the end. If it's a first time project, pick something simple.

What's your success rate using your bold tactics?

Lots of times when we knock on a door or pull somebody over, or find something in a parking lot, sure I get, "No". It's rare to find somebody to say, "OK, I'll sell you my car." I get the no all the time. But on the rare occasion, you get someone in the right frame of mind and mood. **MIKE DOJC**



1968 Mustang GT 390 Fastback, Bullitt

You can't picture this car without Steve McQueen behind the wheel. The image of the muted highland green muscle car — with deleted emblems and a blacked out tail panel — burning up the hilly streets of San Francisco in hot pursuit of a jet black Dodge Charger has seared itself into the consciousness of cinephiles and auto enthusiasts alike.

Restoration challenge: Rust is a common issue and you'll likely have to start with a real beater. "Everybody loves to hot rod old mustangs. Lots of them have been crashed on drag strips and roadrace courses, or somebody's teenage kid has wrapped one around a tree. Good examples are getting hard to find, so you're having to settle," explains Koker, who puts \$22,000 into a real hunk of junk and transforms it into a beautiful Bullitt tribute on the debut episode.

Price: \$50 to 60k depending on options.

1969 Dodge Charger, Dukes of Hazzard

The General Lee didn't just give Boss Hogg's flunkies the slip. Chrysler's aerodynamic wild child was designed to lap the competition. Of course, no car could land those ridiculous frame-buckling jumps and drive away unscathed. Nearly 300 Chargers were wrecked over the run of the television series from 1979-1985. "These were really awesome cars with huge engines stuffed into them. You could get a 440 with a six pack (six carburetors), or you could get a hemi. The car was a drag race car right off the showroom floor," says Koker.

Restoration Challenge: While the parts are out there for old Mopars, they didn't produce as many as other muscle cars from the same period, so they're much more expensive.

Price: You can build one for \$30 to 40k.



1961 Ferrari 250 GT California Spyder, Ferris Bueller's Day Off

Car crazed teens drooled on their popcorn over this candy red V12 five-speed aluminum-bodied dream machine when Matthew Broderick took this "so choice" beauty for a spin. "Ironically, the one in the movie was a replica," explains Koker. "(They used) a fiberglass-bodied car on a late model Mustang chassis with a small block Ford 302 motor. To use a real '61 Spyder would've been insane."

Restoration Challenge: Finding original parts would be almost impossible. But if you have deep pockets, you could go to Italy and have Ferrari re-manufacture whatever you need.

Price: In 2008, a '61 once owned by the late James Coburn sold for \$10.9 million. The actual car from the film sold for a mere fraction of that in 2010, fetching \$122,000 in a Bonhams auction, practically double the London auction house's estimate of \$45 to 65k.

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Hot cars and hot trends for 2013

Sexy ride! A rundown of the year's most exciting vehicles and their mouth-watering features



AUTO PILOT
Mike Goetz
drive@metronews.ca

It's that time again when we must take stock of last year and look forward to the next. Or climb into a big, woolen sock and hibernate until May. Someone poked me with a stick, so I'm up-and-Adam and ready to pursue the former option.

2012 was a year when the manufacturers really focused on giving us increased fuel economy in every vehicle category, and not just the smaller ones.

This is a trend we'll certainly see continue in 2013 and beyond. Exhibit A: The all-new and completely redesigned Corvette debuting at this month's Detroit auto show. It promises to go from zero to 60 m.p.h. in under four seconds and deliver

26 m.p.g. (9 L/100 km) fuel efficiency on the highway.

The 'Vette is also part of another trend — that high-end performance and luxury vehicles aren't going anywhere. They seem indifferent to socioeconomic times that might suggest buyers lean toward more austere and/or greener choices. Luxury brands in Canada actually did better (proportionally) in the 2012 sales year than many mainstream brands.

BMW has an interesting strategy rolling out in 2013 to cope with this duality in the marketplace. It will introduce the "i" sub-brand, to distinguish the automaker's most out-there green vehicles. The i3, a five-door EV, will launch at the end of 2013, while the i8 hybrid sports car will follow in early 2014.

All luxury brands helped themselves recently by dipping into smaller and less-expensive segments. Last year, we saw Buick Encore and BMW X1 work this angle, and next year Audi Q3 will do its thing in this compact-luxury segment. Get ready to see more of these compact, entry-level luxury crossovers.

But the one luxury-performance car I'm most looking for-

Vroom

The one luxury-performance car I'm most looking forward to next year is the 2013 Jaguar F-Type, the first full-on two-seat sports car from Jaguar in more than 50 years

Mike Goetz

ward to next year is the 2013 Jaguar F-Type, the first full-on two-seat sports car from Jaguar in more than 50 years.

Small is getting more fun, with the recent arrivals of such over-achievers as Ford Focus ST, Fiat 500 Abarth and Mini Roadster. Fun will go even smaller, when the 2014 Ford Fiesta ST arrives, with its near-200 hp Ecoboost engine and 6-speed manual shifter.

This influx of hot, small and bothered vehicles is also part of another, larger trend — North American buyers are becoming more simpatico with our European counterparts. As such, we're seeing less differentiation between product offerings between the markets and that's a good thing. Two interesting



Camouflaged Corvette debuting at the Detroit auto show. HANDOUT

Euro-born vehicles to watch for next year are the four-door Fiat 500L and Ford's new minivan, the Transit Connect.

Of course we'll see more full-on EVs come on stream in 2013, such as Chevrolet Spark EV, smart ForTwo Electric, Honda Fit EV, and the fore-mentioned BMW i3. Will they help make EV mainstream? Probably not in 2013, but if they keep coming and do their stuff, prime time can't be too far away.

And how about mainstream diesel? The all-new 2014 Mazda6 is available with a 2.2-litre diesel engine. As the first (non-VW) mainstream sedan with a diesel, it will be interesting to watch how it will be embraced in 2013.

Finally, we must also pay attention to the continuing "smart phoning" of vehicles. Just this week, Hyundai announced it was working on a smart phone app utilizing

NFC technology that would allow you to do a host of things to your vehicle, not the least of which would be unlocking it and starting it. Yes, starting your car with a phone and not a key. Which begs the question, at what point is the smartphone an extension of the car, or the car an extension of the smartphone? I'll leave you now to discuss that, 'cause I'm crawling back into my comfy sock.

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Horoscopes

Aries

March 21 - April 20

You have been a bit too generous for your own good of late and, not surprisingly, someone has taken advantage of the situation. Now you must take back what was taken from you, plus a little extra for your trouble.

Taurus

April 21 - May 21

If there is something new you would like to do, something extravagant and exciting, you must stop dreaming about it and get on with it. The Sun in Capricorn urges you to get busy right now — later is too late.

Gemini

May 22 - June 21

What happens over the next two or three days will bring the kind of changes that even you feel happy about. You should have realized by now that not all change is bad. Some change is exciting and even inspiring.

Cancer

June 22 - July 23

You are embarking on one of the best times for one-to-one relationships, both personal and professional. Others will go out of their way to help you over the next 24 hours. Go out of your way to enjoy it.

Leo

July 24 - Aug. 23

Focus on quality work today. You may be tempted to take on more duties and responsibilities but that will inevitably lead to a loss of value. The fewer things you do, the better you will do them.

Virgo

Aug. 24 - Sept. 23

This may be a time of great activity but don't overdo it. Set your sights high today but don't aim for too many things all at the same time. No matter how fit you feel you will burn yourself out.

Libra

Sept. 24 - Oct. 23

You will have to make decisions for other people today. It may worry you that their welfare is in your hands but fate has put you in this position for a reason, so be confident you will make a success of it.

Scorpio

Oct. 24 - Nov. 22

You will face a number of challenges over the next few days and you cannot run away from them. That's good. Your life is in a bit of a rut at the moment and you need something to get you out of it.

Sagittarius

Nov. 23 - Dec. 21

If someone asks you to take on more work today you must be strong-minded enough to say no. Whatever you might think you owe other people, you owe more to yourself — and nothing matters more than your health.

Capricorn

Dec. 22 - Jan. 20

There is nothing you cannot achieve if you want it enough. Rarely have the omens been this good, so stop worrying about what the neighbors might think and start living the kind of life you dream of.

Aquarius

Jan. 21 - Feb. 19

You may be tempted to start something new today but the planets indicate it would be wiser, and easier, to focus your energies on finishing what you have already started. Attitude is everything. Think of it as fun.

Pisces

Feb. 20 - March 20

The planets warn you have only a limited grasp of what is going on at the moment and what others tell you today is needed to complete the picture. Thank them for pointing out what you have missed.

SALLY BROMPTON

Crossword

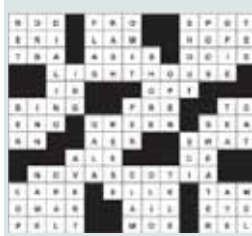
Across

- Light-feather link (2 words)
- College major
- Captain's journal
- Lose one's cool
- Operatic solo
- "Cold Mountain" heroine
- The Munsters' bat
- Auction word
- Term of respect
- Defense mechanism
- Not now
- Happy Days hangout
- Chest muscle, for short
- Soup server
- Frontier figure
- Disney deer
- standstill (2 words)
- Wide shoe width
- Be lenient with
- Aroma
- Lay eyes on
- Exclude
- Book contents
- Newspaper employee
- Slippery fish
- Variety
- Scotch partner
- Before, of yore
- Sign on a door
- Nudge
- Fish eggs
- Snoopy
- Hospital units (abbr.)

Down

- Extremely dry
- Stuffing herb
- Before long
- Sends a letter
- Gallery display
- Even score
- Small village
- Bringing up the rear

Dec. 21's Crossword



What's online

See today's answers
metronews.ca/
answers.



Sudoku

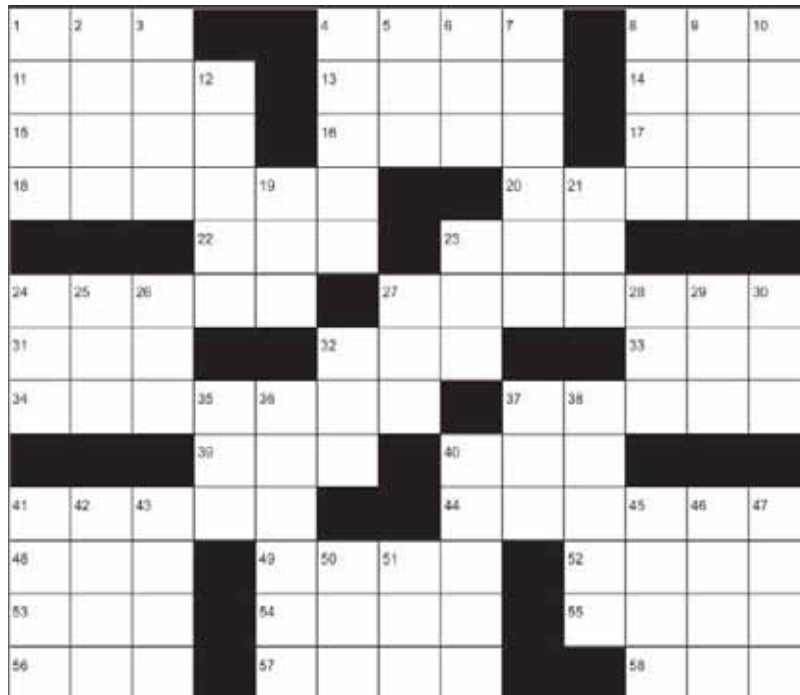
How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Dec. 21's Sudoku

7	5	8	9	1	3	2	4	6
9	6	3	4	7	2	8	5	1
2	4	1	5	8	6	3	7	9
1	7	4	6	3	9	5	8	2
5	8	2	1	4	7	9	6	3
3	9	8	2	5	8	4	1	7
4	1	9	7	2	5	6	3	8
8	3	5	8	9	1	7	2	4
6	2	7	3	6	4	1	9	5

BY BETTY MARTIN



- Cartoon dog
- Actress Teri of "Tootsie"
- Courtroom drama
- Pub offering
- Pretend
- Soup vegetable
- Flower garland
- Abby's twin sister
- Family man
- Sault — Marie
- Jeans brand

- Poetic time of day
- Soak as flax
- Epoch
- Benefit
- Subside
- Down in the dumps
- Crunchy
- Veronica's friend
- Look closely
- Flying (prefix)
- High spirits

- Ripped
- Unpleasant smell
- X-ray dosages
- Losing tic-tac-toe row
- Sue Grafton novel: -- for Ricochet (letter and word)

Weather

TODAY

THURSDAY

FRIDAY



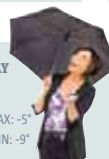
MAX: 2°
MIN: -8°



MAX: 1°
MIN: -1°



MAX: -5°
MIN: -9°



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